

CERTIFICATE

OF ACHIEVEMENT

Ahmad Ashraf Bin Zainal Abidin

BIB NO. A400219

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 2565/4782

Category: 2136/3923

Gender (Overall): 2136/3923

FINISH TIME

Gun Time: 6:02:13

Net Time: 5:56:23

Pace: 8:28

Speed: 7.0

SPLIT TIME

KM5.0: 36:13

KM10.0: 1:12:18

KM15.0: 1:49:15

KM20.0: 2:26:53

KM25.0: 3:10:38

KM30.0: 3:56:20

KM35.0: 4:52:45

KM40.0: 5:37:47



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

