

CERTIFICATE

OF ACHIEVEMENT

Boh Kah Hou

BIB NO. A400235

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 459/4782

Category: 385/3923

Gender (Overall): 385/3923

FINISH TIME

Gun Time: 4:20:16

Net Time: 4:14:39

Pace: 6:03

Speed: 9.9

SPLIT TIME

KM5.0: 27:48

KM10.0: 54:49

KM15.0: 1:22:24

KM20.0: 1:50:33

KM25.0: 2:17:34

KM30.0: 2:45:55

KM35.0: 3:19:20

KM40.0: 3:55:18



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

