

CERTIFICATE

OF ACHIEVEMENT

Alvin Quindo Adayo

BIB NO. A400298

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 1702/4782

Category: 1431/3923

Gender (Overall): 1431/3923

FINISH TIME

Gun Time: 5:29:08

Net Time: 5:24:03

Pace: 7:42

Speed: 7.7

SPLIT TIME

KM5.0: 34:33

KM10.0: 1:09:05

KM15.0: 1:43:44

KM20.0: 2:25:55

KM25.0: 3:04:45

KM30.0: 3:46:07

KM35.0: 4:27:49

KM40.0: 5:04:18



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

