

CERTIFICATE

OF ACHIEVEMENT

Abdul Hadi Osman

BIB NO. A400305

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 2868/4782

Category: 2393/3923

Gender (Overall): 2393/3923

FINISH TIME

Gun Time: 6:13:24

Net Time: 6:08:26

Pace: 8:45

Speed: 6.8

SPLIT TIME

KM5.0: 27:12

KM10.0: 54:17

KM15.0: 1:21:17

KM20.0: 1:49:01

KM25.0: 2:18:19

KM30.0: 3:21:20

KM35.0: 4:38:35

KM40.0: 5:41:07



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

