

CERTIFICATE

OF ACHIEVEMENT

Mohamed Ismail Bin Gulam Shariff

BIB NO. A400370

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 353/4782

Category: 298/3923

Gender (Overall): 298/3923

FINISH TIME

Gun Time: 4:08:08

Net Time: 4:03:01

Pace: 5:46

Speed: 10.3

SPLIT TIME

KM5.0: 26:41

KM10.0: 53:44

KM15.0: 1:20:52

KM20.0: 1:49:16

KM25.0: 2:16:29

KM30.0: 2:44:29

KM35.0: 3:13:59

KM40.0: 3:45:09



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

