

CERTIFICATE

OF ACHIEVEMENT

Syafiq Rushdi

BIB NO. A400372

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 2156/4782

Category: 1808/3923

Gender (Overall): 1808/3923

FINISH TIME

Gun Time: 5:48:54

Net Time: 5:42:58

Pace: 8:09

Speed: 7.3

SPLIT TIME

KM5.0: 33:30

KM10.0: 1:06:17

KM15.0: 1:40:06

KM20.0: 2:16:45

KM25.0: 2:56:41

KM30.0: 3:38:52

KM35.0: 4:29:15

KM40.0: 5:18:51



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

