

CERTIFICATE

OF ACHIEVEMENT

Ashman Rizamil

BIB NO. A400379

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 2373/4782

Category: 1986/3923

Gender (Overall): 1986/3923

FINISH TIME

Gun Time: 5:56:53

Net Time: 5:50:58

Pace: 8:20

Speed: 7.1

SPLIT TIME

KM5.0: 31:09

KM10.0: 1:00:47

KM15.0: 1:33:08

KM20.0: 2:08:23

KM25.0: 2:47:22

KM30.0: 3:29:04

KM35.0: 4:18:43

KM40.0: 5:19:05



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

