

CERTIFICATE

OF ACHIEVEMENT

Lai Jin Shawn

BIB NO. A400394

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 852/4782

Category: 716/3923

Gender (Overall): 716/3923

FINISH TIME

Gun Time: 4:47:11

Net Time: 4:41:07

Pace: 6:40

Speed: 8.9

SPLIT TIME

KM5.0: 31:30

KM10.0: 1:03:24

KM15.0: 1:36:16

KM20.0: 2:08:59

KM25.0: 2:39:31

KM30.0: 3:11:14

KM35.0: 3:47:52

KM40.0: 4:22:01



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

