

CERTIFICATE

OF ACHIEVEMENT

Syakir Firdaus

BIB NO. A400435

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 47/4782

Category: 33/3923

Gender (Overall): 33/3923

FINISH TIME

Gun Time: 3:27:17

Net Time: 3:22:08

Pace: 4:48

Speed: 12.4

SPLIT TIME

KM5.0: 23:50

KM10.0: 47:46

KM15.0: 1:11:43

KM20.0: 1:35:50

KM25.0: 1:58:25

KM30.0: 2:21:50

KM35.0: 2:45:42

KM40.0: 3:09:30



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

