

CERTIFICATE

OF ACHIEVEMENT

Muhammad Wafiq Bin Ruslan

BIB NO. A400447

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 246/4782

Category: 205/3923

Gender (Overall): 205/3923

FINISH TIME

Gun Time: 3:59:59

Net Time: 3:54:12

Pace: 5:34

Speed: 10.7

SPLIT TIME

KM5.0: 26:47

KM10.0: 54:52

KM15.0: 1:21:37

KM20.0: 1:49:21

KM25.0: 2:15:48

KM30.0: 2:43:05

KM35.0: 3:11:59

KM40.0: 3:39:52



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

