

CERTIFICATE

OF ACHIEVEMENT

Mohamad Firdaus Bin Abdullah

BIB NO. A400460

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 1606/4782

Category: 1348/3923

Gender (Overall): 1348/3923

FINISH TIME

Gun Time: 5:25:21

Net Time: 5:20:25

Pace: 7:37

Speed: 7.8

SPLIT TIME

KM5.0: 25:38

KM10.0: 53:24

KM15.0: 1:22:06

KM20.0: 1:57:09

KM25.0: 2:36:07

KM30.0: 3:15:08

KM35.0: 4:05:27

KM40.0: 4:55:27



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

