

CERTIFICATE

OF ACHIEVEMENT

Tan Foo Hong

BIB NO. A400462

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 1246/4782

Category: 1049/3923

Gender (Overall): 1049/3923

FINISH TIME

Gun Time: 5:05:58

Net Time: 4:59:29

Pace: 7:07

Speed: 8.4

SPLIT TIME

KM5.0: 35:02

KM10.0: 1:09:25

KM15.0: 1:44:29

KM20.0: 2:20:19

KM25.0: 2:55:42

KM30.0: 3:31:33

KM35.0: 4:07:20

KM40.0: 4:40:35



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

