

CERTIFICATE

OF ACHIEVEMENT

Shi Hong Teng

BIB NO. A400564

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 278/4782

Category: 231/3923

Gender (Overall): 231/3923

FINISH TIME

Gun Time: 4:02:30

Net Time: 3:56:53

Pace: 5:37

Speed: 10.6

SPLIT TIME

KM5.0: 26:54

KM10.0: 52:36

KM15.0: 1:19:53

KM20.0: 1:48:47

KM25.0: 2:16:01

KM30.0: 2:42:57

KM35.0: 3:12:30

KM40.0: 3:41:29



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

