

CERTIFICATE

OF ACHIEVEMENT

Muhammad Abrar

BIB NO. A400590

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 234/4782

Category: 193/3923

Gender (Overall): 193/3923

FINISH TIME

Gun Time: 3:59:03

Net Time: 3:53:14

Pace: 5:32

Speed: 10.8

SPLIT TIME

KM5.0: 26:13

KM10.0: 51:40

KM15.0: 1:18:16

KM20.0: 1:45:08

KM25.0: 2:11:47

KM30.0: 2:38:45

KM35.0: 3:07:29

KM40.0: 3:37:02



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

