

CERTIFICATE

OF ACHIEVEMENT

Yap Kien Ho

BIB NO. A400595

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 2189/4782

Category: 1837/3923

Gender (Overall): 1837/3923

FINISH TIME

Gun Time: 6:04:15

Net Time: 5:44:09

Pace: 8:10

Speed: 7.3

SPLIT TIME

KM5.0: 35:35

KM10.0: 1:12:58

KM15.0: 1:51:42

KM20.0: 2:30:53

KM25.0: 3:12:01

KM30.0: 3:52:04

KM35.0: 4:36:33

KM40.0: 5:21:59



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

