

CERTIFICATE

OF ACHIEVEMENT

Abdul Hakim Mat Nasir

BIB NO. A400629

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 1330/4782

Category: 1117/3923

Gender (Overall): 1117/3923

FINISH TIME

Gun Time: 5:26:46

Net Time: 5:05:05

Pace: 7:15

Speed: 8.2

SPLIT TIME

KM5.0: 37:41

KM10.0: 1:15:06

KM15.0: 1:53:50

KM20.0: 2:28:08

KM25.0: 3:01:52

KM30.0: 3:38:57

KM35.0: 4:17:04

KM40.0: 4:49:29



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

