

CERTIFICATE

OF ACHIEVEMENT

Muhammad Firdaus Bin Ramli

BIB NO. A400754

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 1408/4782

Category: 1181/3923

Gender (Overall): 1181/3923

FINISH TIME

Gun Time: 5:16:16

Net Time: 5:10:32

Pace: 7:22

Speed: 8.1

SPLIT TIME

KM5.0: 25:00

KM10.0: 50:36

KM15.0: 1:22:24

KM20.0: 1:59:22

KM25.0: 2:40:17

KM30.0: 3:17:45

KM35.0: 4:04:08

KM40.0: 4:53:22



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

