

CERTIFICATE

OF ACHIEVEMENT

Lai Chee Yoong

BIB NO. A400841

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 1761/4782

Category: 1481/3923

Gender (Overall): 1481/3923

FINISH TIME

Gun Time: 5:32:43

Net Time: 5:26:53

Pace: 7:46

Speed: 7.7

SPLIT TIME

KM5.0: 32:15

KM10.0: 1:03:27

KM15.0: 1:41:25

KM20.0: 2:25:47

KM25.0: 3:05:48

KM30.0: 3:43:17

KM35.0: 4:26:53

KM40.0: 5:09:16



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

