

CERTIFICATE

OF ACHIEVEMENT

Lai Yik Sheng

BIB NO. A400860

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 2047/4782

Category: 1718/3923

Gender (Overall): 1718/3923

FINISH TIME

Gun Time: 5:44:32

Net Time: 5:39:06

Pace: 8:03

Speed: 7.4

SPLIT TIME

KM5.0: 32:28

KM10.0: 1:05:37

KM15.0: 1:40:46

KM20.0: 2:15:04

KM25.0: 2:51:53

KM30.0: 3:33:26

KM35.0: 4:26:46

KM40.0: 5:12:36



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

