

CERTIFICATE

OF ACHIEVEMENT

How Beng Hooi

BIB NO. A400928

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 1410/4782

Category: 1183/3923

Gender (Overall): 1183/3923

FINISH TIME

Gun Time: 5:16:31

Net Time: 5:10:43

Pace: 7:23

Speed: 8.1

SPLIT TIME

KM5.0: 31:10

KM10.0: 1:02:26

KM15.0: 1:33:00

KM20.0: 2:03:14

KM25.0: 2:37:54

KM30.0: 3:10:27

KM35.0: 3:55:23

KM40.0: 4:56:19



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

