

CERTIFICATE

OF ACHIEVEMENT

Lam Kai Wen

BIB NO. A400933

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 1646/4782

Category: 1383/3923

Gender (Overall): 1383/3923

FINISH TIME

Gun Time: 5:28:21

Net Time: 5:21:43

Pace: 7:38

Speed: 7.8

SPLIT TIME

KM5.0: 33:32

KM10.0: 1:07:06

KM15.0: 1:43:30

KM20.0: 2:21:21

KM25.0: 3:01:44

KM30.0: 3:41:23

KM35.0: 4:22:38

KM40.0: 5:02:24



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

