

CERTIFICATE

OF ACHIEVEMENT

Ahmad Tarmizi Bin Shahanom

BIB NO. A401013

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 1576/4782

Category: 1322/3923

Gender (Overall): 1322/3923

FINISH TIME

Gun Time: 5:24:51

Net Time: 5:18:53

Pace: 7:34

Speed: 7.9

SPLIT TIME

KM5.0: 33:41

KM10.0: 1:07:43

KM15.0: 1:43:09

KM20.0: 2:18:24

KM25.0: 2:53:54

KM30.0: 3:33:17

KM35.0: 4:19:14

KM40.0: 5:00:11



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

