

CERTIFICATE

OF ACHIEVEMENT

Ahmad Nazmi Roslan

BIB NO. A401109

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 1552/4782

Category: 1300/3923

Gender (Overall): 1300/3923

FINISH TIME

Gun Time: 5:24:11

Net Time: 5:18:03

Pace: 7:33

Speed: 7.9

SPLIT TIME

KM5.0: 34:33

KM10.0: 1:07:21

KM15.0: 1:43:31

KM20.0: 2:17:09

KM25.0: 2:51:02

KM30.0: 3:32:13

KM35.0: 4:20:45

KM40.0: 4:57:20



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

