

CERTIFICATE

OF ACHIEVEMENT

Lau Kok Hoe

BIB NO. A401119

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 841/4782

Category: 708/3923

Gender (Overall): 708/3923

FINISH TIME

Gun Time: 4:46:42

Net Time: 4:40:41

Pace: 6:40

Speed: 8.9

SPLIT TIME

KM5.0: 31:17

KM10.0: 1:00:53

KM15.0: 1:31:31

KM20.0: 2:01:34

KM25.0: 2:30:51

KM30.0: 3:03:10

KM35.0: 3:43:12

KM40.0: 4:22:47



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

