

CERTIFICATE

OF ACHIEVEMENT

Shamsul Bin Jalil

BIB NO. A401128

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 3595/4782

Category: 2982/3923

Gender (Overall): 2982/3923

FINISH TIME

Gun Time: 6:40:05

Net Time: 6:34:58

Pace: 9:23

Speed: 6.3

SPLIT TIME

KM5.0: 41:24

KM10.0: 1:25:31

KM15.0: 2:08:55

KM20.0: 2:54:12

KM25.0: 3:39:59

KM30.0: 4:26:14

KM35.0: 5:18:51

KM40.0: 6:07:49



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

