

CERTIFICATE

OF ACHIEVEMENT

Muhammad Firdaus Md Ibrahim

BIB NO. A401188

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 1342/4782

Category: 1128/3923

Gender (Overall): 1128/3923

FINISH TIME

Gun Time: 5:11:29

Net Time: 5:05:59

Pace: 7:16

Speed: 8.2

SPLIT TIME

KM5.0: 33:57

KM10.0: 1:08:11

KM15.0: 1:43:18

KM20.0: 2:19:12

KM25.0: 2:57:19

KM30.0: 3:33:03

KM35.0: 4:11:05

KM40.0: 4:48:21



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

