

CERTIFICATE

OF ACHIEVEMENT

Afzanizam Idris

BIB NO. A401271

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 1228/4782

Category: 1036/3923

Gender (Overall): 1036/3923

FINISH TIME

Gun Time: 5:19:34

Net Time: 4:58:55

Pace: 7:06

Speed: 8.4

SPLIT TIME

KM5.0: 35:00

KM10.0: 1:08:58

KM15.0: 1:43:45

KM20.0: 2:19:43

KM25.0: 2:55:02

KM30.0: 3:30:26

KM35.0: 4:06:10

KM40.0: 4:40:48



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

