

CERTIFICATE

OF ACHIEVEMENT

Roslizam Bin Jaafar

BIB NO. A401301

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 3785/4782

Category: 3140/3923

Gender (Overall): 3140/3923

FINISH TIME

Gun Time: 6:47:32

Net Time: 6:42:06

Pace: 9:33

Speed: 6.2

SPLIT TIME

KM5.0: 35:00

KM10.0: 1:12:06

KM15.0: 1:52:51

KM20.0: 2:36:26

KM25.0: 3:19:33

KM30.0: 4:05:03

KM35.0: 5:12:45

KM40.0: 6:11:06



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

