

CERTIFICATE

OF ACHIEVEMENT

Lau Chong Chiang

BIB NO. A401327

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 2563/4782

Category: 2134/3923

Gender (Overall): 2134/3923

FINISH TIME

Gun Time: 6:16:57

Net Time: 5:56:18

Pace: 8:28

Speed: 7.0

SPLIT TIME

KM5.0: 37:15

KM10.0: 1:13:59

KM15.0: 1:56:18

KM20.0: 2:37:59

KM25.0: 3:19:23

KM30.0: 4:05:33

KM35.0: 4:53:52

KM40.0: 5:35:53



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

