

CERTIFICATE

OF ACHIEVEMENT

Mohd Ammar Mohd Sahar

BIB NO. A401335

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 4020/4782

Category: 3328/3923

Gender (Overall): 3328/3923

FINISH TIME

Gun Time: 6:57:27

Net Time: 6:51:07

Pace: 9:46

Speed: 6.1

SPLIT TIME

KM5.0: 39:07

KM10.0: 1:18:27

KM15.0: 2:04:48

KM20.0: 2:49:39

KM25.0: 3:37:24

KM30.0: 4:32:48

KM35.0: 5:37:51

KM40.0: 6:24:17



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

