

CERTIFICATE

OF ACHIEVEMENT

Rizal Izwandy

BIB NO. A401342

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 1660/4782

Category: 1395/3923

Gender (Overall): 1395/3923

FINISH TIME

Gun Time: 5:27:37

Net Time: 5:22:22

Pace: 7:39

Speed: 7.8

SPLIT TIME

KM5.0: 33:55

KM10.0: 1:06:10

KM15.0: 1:41:41

KM20.0: 2:18:24

KM25.0: 2:56:57

KM30.0: 3:32:25

KM35.0: 4:13:24

KM40.0: 4:57:20



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

