

CERTIFICATE

OF ACHIEVEMENT

Foong Kong Yoo

BIB NO. A401573

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 1258/4782

Category: 1058/3923

Gender (Overall): 1058/3923

FINISH TIME

Gun Time: 5:05:37

Net Time: 5:00:18

Pace: 7:08

Speed: 8.4

SPLIT TIME

KM5.0: 31:59

KM10.0: 1:04:19

KM15.0: 1:37:48

KM20.0: 2:11:40

KM25.0: 2:44:33

KM30.0: 3:23:00

KM35.0: 4:02:33

KM40.0: 4:41:30



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

