

CERTIFICATE

OF ACHIEVEMENT

Lai Ming Soon

BIB NO. A401612

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 1383/4782

Category: 1161/3923

Gender (Overall): 1161/3923

FINISH TIME

Gun Time: 5:14:31

Net Time: 5:09:17

Pace: 7:21

Speed: 8.1

SPLIT TIME

KM5.0: 32:29

KM10.0: 1:05:47

KM15.0: 1:40:31

KM20.0: 2:16:02

KM25.0: 2:54:38

KM30.0: 3:30:22

KM35.0: 4:11:37

KM40.0: 4:50:52



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

