

CERTIFICATE

OF ACHIEVEMENT

Ahmad Luqman

BIB NO. A401643

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 2200/4782

Category: 1843/3923

Gender (Overall): 1843/3923

FINISH TIME

Gun Time: 6:05:44

Net Time: 5:44:34

Pace: 8:11

Speed: 7.3

SPLIT TIME

KM5.0: 41:23

KM10.0: 1:20:21

KM15.0: 2:00:36

KM20.0: 2:40:21

KM25.0: 3:18:56

KM30.0: 3:58:19

KM35.0: 4:53:00

KM40.0: 5:30:37



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

