

CERTIFICATE

OF ACHIEVEMENT

Ahmad Shahrizzal

BIB NO. A401649

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 536/4782

Category: 452/3923

Gender (Overall): 452/3923

FINISH TIME

Gun Time: 4:26:34

Net Time: 4:21:12

Pace: 6:12

Speed: 9.6

SPLIT TIME

KM5.0: 27:55

KM10.0: 56:50

KM15.0: 1:25:19

KM20.0: 1:55:14

KM25.0: 2:24:54

KM30.0: 2:53:43

KM35.0: 3:28:38

KM40.0: 4:04:50



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

