

CERTIFICATE

OF ACHIEVEMENT

Nizam Misnan

BIB NO. A401718

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 1541/4782

Category: 1291/3923

Gender (Overall): 1291/3923

FINISH TIME

Gun Time: 5:23:44

Net Time: 5:17:39

Pace: 7:33

Speed: 7.9

SPLIT TIME

KM5.0: 30:03

KM10.0: 1:00:25

KM15.0: 1:33:04

KM20.0: 2:04:15

KM25.0: 2:40:37

KM30.0: 3:20:38

KM35.0: 4:07:26

KM40.0: 4:54:15



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

