

CERTIFICATE

OF ACHIEVEMENT

Mohd Izwan Bin Mohd Idros

BIB NO. A401792

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 4694/4782

Category: 3855/3923

Gender (Overall): 3855/3923

FINISH TIME

Gun Time: 7:28:22

Net Time: 7:23:05

Pace: 10:31

Speed: 5.6

SPLIT TIME

KM5.0: 35:25

KM10.0: 1:16:09

KM15.0: 1:59:40

KM20.0: 2:52:00

KM25.0: 3:54:14

KM30.0: 5:02:13

KM35.0: 6:00:31

KM40.0: 6:55:44



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

