

CERTIFICATE

OF ACHIEVEMENT

Syed Irsyad Zafran Bin Syed Ahmad

BIB NO. A401804

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 1955/4782

Category: 1641/3923

Gender (Overall): 1641/3923

FINISH TIME

Gun Time: 5:40:32

Net Time: 5:35:23

Pace: 7:58

Speed: 7.5

SPLIT TIME

KM5.0: 32:07

KM10.0: 1:03:12

KM15.0: 1:35:23

KM20.0: 2:08:56

KM25.0: 2:45:28

KM30.0: 3:39:28

KM35.0: 4:27:44

KM40.0: 5:12:39



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

