

CERTIFICATE

OF ACHIEVEMENT

Jiale Lou

BIB NO. A401956

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 634/4782

Category: 537/3923

Gender (Overall): 537/3923

FINISH TIME

Gun Time: 4:33:39

Net Time: 4:27:28

Pace: 6:21

Speed: 9.4

SPLIT TIME

KM5.0: 28:30

KM10.0: 59:02

KM15.0: 1:29:32

KM20.0: 2:00:44

KM25.0: 2:28:58

KM30.0: 2:58:48

KM35.0: 3:32:02

KM40.0: 4:09:40



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

