

CERTIFICATE

OF ACHIEVEMENT

Firdaus Nazmi

BIB NO. A401968

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 3294/4782

Category: 2744/3923

Gender (Overall): 2744/3923

FINISH TIME

Gun Time: 6:31:24

Net Time: 6:25:27

Pace: 9:09

Speed: 6.5

SPLIT TIME

KM5.0: 34:41

KM10.0: 1:08:58

KM15.0: 1:44:37

KM20.0: 2:31:18

KM25.0: 3:31:20

KM30.0: 4:10:25

KM35.0: 5:06:42

KM40.0: 6:02:24



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

