

CERTIFICATE

OF ACHIEVEMENT

Foo Yong Hieng

BIB NO. A401995

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 762/4782

Category: 641/3923

Gender (Overall): 641/3923

FINISH TIME

Gun Time: 4:42:05

Net Time: 4:36:48

Pace: 6:34

Speed: 9.1

SPLIT TIME

KM5.0: 29:07

KM10.0: 59:21

KM15.0: 1:29:40

KM20.0: 1:59:10

KM25.0: 2:29:24

KM30.0: 3:02:50

KM35.0: 3:38:34

KM40.0: 4:17:19



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

