

CERTIFICATE

OF ACHIEVEMENT

Liz Ong

BIB NO. B402008

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 2716/4782

Category: 316/688

Gender (Overall): 316/688

FINISH TIME

Gun Time: 6:21:55

Net Time: 6:01:49

Pace: 8:36

Speed: 6.9

SPLIT TIME

KM5.0: 39:08

KM10.0: 1:18:18

KM15.0: 2:02:13

KM20.0: 2:45:08

KM25.0: 3:27:21

KM30.0: 4:10:50

KM35.0: 4:52:36

KM40.0: 5:37:28



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

