

CERTIFICATE

OF ACHIEVEMENT

Wong Nam Fong

BIB NO. B402048

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 2019/4782

Category: 1695/3923

Gender (Overall): 1695/3923

FINISH TIME

Gun Time: 5:58:18

Net Time: 5:38:13

Pace: 8:02

Speed: 7.4

SPLIT TIME

KM5.0: 33:11

KM10.0: 1:06:47

KM15.0: 1:43:16

KM20.0: 2:21:57

KM25.0: 3:02:40

KM30.0: 3:44:13

KM35.0: 4:30:17

KM40.0: 5:16:55



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

