

CERTIFICATE

OF ACHIEVEMENT

Abdul Hasif Hijazi Bin Abdul Kadir

BIB NO. B402215

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 2662/4782

Category: 2219/3923

Gender (Overall): 2219/3923

FINISH TIME

Gun Time: 6:21:39

Net Time: 5:59:32

Pace: 8:32

Speed: 7.0

SPLIT TIME

KM5.0: 36:07

KM10.0: 1:10:34

KM15.0: 1:51:48

KM20.0: 2:31:54

KM25.0: 3:12:33

KM30.0: 3:57:26

KM35.0: 4:57:16

KM40.0: 5:40:40



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

