

CERTIFICATE

OF ACHIEVEMENT

Abu Zaid Bin Omar

BIB NO. B402274

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 1582/4782

Category: 1328/3923

Gender (Overall): 1328/3923

FINISH TIME

Gun Time: 5:43:35

Net Time: 5:19:13

Pace: 7:35

Speed: 7.9

SPLIT TIME

KM5.0: 33:52

KM10.0: 1:05:30

KM15.0: 1:37:25

KM20.0: 2:12:14

KM25.0: 2:52:22

KM30.0: 3:37:23

KM35.0: 4:18:18

KM40.0: 4:59:13



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

