

CERTIFICATE

OF ACHIEVEMENT

Guan Yu Mak

BIB NO. B402312

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 345/4782

Category: 290/3923

Gender (Overall): 290/3923

FINISH TIME

Gun Time: 4:22:17

Net Time: 4:02:16

Pace: 5:45

Speed: 10.4

SPLIT TIME

KM5.0: 27:40

KM10.0: 55:25

KM15.0: 1:24:02

KM20.0: 1:52:57

KM25.0: 2:20:24

KM30.0: 2:48:41

KM35.0: 3:19:17

KM40.0: 3:47:18



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

