

CERTIFICATE

OF ACHIEVEMENT

Thera Dellstey

BIB NO. B402410

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 4324/4782

Category: 597/688

Gender (Overall): 597/688

FINISH TIME

Gun Time: 7:22:19

Net Time: 7:02:11

Pace: 10:02

Speed: 5.9

SPLIT TIME

KM5.0: 37:24

KM10.0: 1:15:47

KM15.0: 1:55:28

KM20.0: 2:34:05

KM25.0: 3:27:13

KM30.0: 4:29:17

KM35.0: 5:33:32

KM40.0: 6:35:58



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

