

CERTIFICATE

OF ACHIEVEMENT

Helyvel G Ismael

BIB NO. B402471

CATEGORY 42KM Overall International

RANKING

Distance (Overall): 778/4782

Category: 11/32

Gender (Overall): 11/32

FINISH TIME

Gun Time: 4:58:05

Net Time: 4:37:42

Pace: 6:36

Speed: 9.0

SPLIT TIME

KM5.0: 30:42

KM10.0: 1:02:16

KM15.0: 1:34:20

KM20.0: 2:06:51

KM25.0: 2:39:05

KM30.0: 3:11:45

KM35.0: 3:46:02

KM40.0: 4:20:11



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

