

CERTIFICATE

OF ACHIEVEMENT

Shah Rizal

BIB NO. B402502

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 3458/4782

Category: 2875/3923

Gender (Overall): 2875/3923

FINISH TIME

Gun Time: 6:53:46

Net Time: 6:30:28

Pace: 9:16

Speed: 6.4

SPLIT TIME

KM5.0: 52:32

KM10.0: 1:33:50

KM15.0: 2:34:34

KM20.0: 3:14:44

KM25.0: 3:55:56

KM30.0: 4:40:37

KM35.0: 5:30:06

KM40.0: 6:07:36



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

