

CERTIFICATE

OF ACHIEVEMENT

Sew Ming Hwai

BIB NO. B402570

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 3424/4782

Category: 425/688

Gender (Overall): 425/688

FINISH TIME

Gun Time: 6:50:09

Net Time: 6:29:15

Pace: 9:15

Speed: 6.4

SPLIT TIME

KM5.0: 38:27

KM10.0: 1:18:35

KM15.0: 2:01:09

KM20.0: 2:45:46

KM25.0: 3:29:55

KM30.0: 4:17:54

KM35.0: 5:12:17

KM40.0: 6:06:18



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

